

NOTA Individualised Treatment Programme

Report to AGM 4th December 2023

At the AGM in May it was reported that we had trained 140 people who had attended the Familiarisation Course. Another course is scheduled on the 11/12th January.

Since then another two of the specialist courses have run. Clark Baim presented sessions on Motivational Interviewing and Skills Based Practice in June. We are very familiar with the latter via role play in group work but in individual sessions it is more of a challenge. I expect Clark to be presenting at Conference in May on this.

We have three groups involved in the NITP. The Development Group consists of the authors at the moment but we hope to expand that. The Evaluation Group is part of the Research committee which as the name suggests is working up a proposal for a comprehensive evaluation which they will report on.

The Steering Group involves Development Group members, the NOTA Chair and Vice Chair, and past Chair, and Nation reps. This oversees the overall direction of the programme. They are commissioning a survey of people who have trained in the programme. This will feed into a review of the programme which is scheduled this year with updates completed by the end of 2024.

There have been discussions about marketing including within Europe and via other organisations.

To address the issue of continuity an advert is going in NOTA News inviting members to apply to be trainers on the Facilitation Course.

Any enquiries via the NOTA Office to be forwarded to me.

Roger Kennington 14.11.2023